



BRITISH COLUMBIA

ALBERTA

SASKATCHEWAN

CENTRAL TIME

ONTARIO

EASTERN TIME

QUÉBEC

MAINE

PACIFIC TIME

MOUNTAIN TIME

MANITOBA

WASHINGTON

MONTANA

NORTH DAKOTA

MINNESOTA

OREGON

IDAHO

SOUTH DAKOTA

WISCONSIN

MICHIGAN

VT

NH

MASS

NEVADA

WYOMING

NEBRASKA

IOWA

ILLINOIS

INDIANA

PENNSYLVANIA

NJ

DE

DC

San Francisco

San Jose

UTAH

COLORADO

KANSAS

MISSOURI

OHIO

KENTUCKY

WEST VIRGINIA

VIRGINIA

CALIFORNIA

ARIZONA

NEW MEXICO

OKLAHOMA

ARKANSAS

MISSISSIPPI

ALABAMA

GEORGIA

NORTH CAROLINA

SOUTH CAROLINA

Los Angeles

San Diego

Phoenix

Albuquerque

Oklahoma City

Fort Smith

Memphis

Birmingham

Atlanta

Greenville

Augusta

HAWAII

ALASKA

PACIFIC TIME

CANADA

HAWAII-ALEUTIAN TIME

MEXICO

Gulf of Mexico

ATLANTIC OCEAN

PACIFIC OCEAN

PACIFIC OCEAN

Key West

Miami

Tampa

Orlando

Jacksonville

Tallahassee

Mobile

Hattiesburg

Shreveport

Lubbock

Lawton

Tulsa

Springfield

Jefferson City

St. Louis

Lincoln

Omaha

North Platte

Fort Collins

Denver

Boulder

Wichita

Sioux Falls

Pierre

Rapid City

Sioux City

Grand Rapids

Fargo

Grand Forks

Billings

Helena

Missoula

Great Falls

Spokane

Yakima

Tacoma

Seattle

Vancouver

Edmonton

Calgary

Saskatoon

Winnipeg

Regina

Thunder Bay

Quebec

Montreal

Bangor

Augusta

Portland

Manchester

Concord

Providence

Albany

Syracuse

Burlington

Montpelier

Ottawa

Quebec

Manhattan

NYC Boroughs

Trenton

Wilmington

Annapolis

Richmond

Virginia Beach

Charleston

Charlotte

Raleigh

Greenville

Knoxville

Nashville

Chattanooga

Memphis

Huntsville

Birmingham

Atlanta

Augusta

Savannah

Columbus

Montgomery

Mobile

Tallahassee

Jacksonville

Orlando

Tampa

Miami

Key West